



## Hunger in New Mexico 2014 Top-Line Facts

- Age
  - Between 30 and 40% of Mobile Food Pantry recipients are children
  - 21% of those we help are seniors
  - 16% are grandparents raising grandchildren
- Income
  - 89% of hungry households have an annual income of less than \$20,000 annually
    - \$384 a week
  - 13% reported having no income at all
- Housing and Choices
  - 11% of clients live in temporary housing – experiencing homelessness
  - 89% have permanent housing, such as a home or an apartment
  - 61% report choosing between paying utilities or buying food
    - 33% of this group is forced to make this tough choice every month
  - 48% choose between paying their rent or mortgage or buying food
    - 19% of this group is forced to make this tough choice every month
- Employment
  - 53% of hungry households include at least one person who has worked in past 12 months
  - Of households with no one able to work:
    - 57% are disabled, in poor health or act as a caretaker of another person
    - 30% are retired
- Health
  - 59% have chosen between paying for medicine or medical care or buying food at least once in past 12 months
  - Almost 20% of respondents said they were in poor health
  - In addition, 25% said someone living with them was in poor health
  - 44% of hungry households said they have medical bills to pay
- SNAP
  - 57% report receiving SNAP (food stamp) benefits
    - Of those households, 94% said their benefits did not last the entire month
- Other coping strategies
  - 66% have chosen between paying for transportation or gas or buying food at least once in past 12 months
    - Of these households, 35% make this difficult choice monthly
- 75% report purchasing inexpensive, unhealthy food as the most common way to have at least some food at home to eat
- 68% of people we already serve plan to obtain food on a regular basis from our state wide network of partners

NMAFB members distribute more than 10 million pounds of fresh produce every year.

To support the NMAFB Fresh Produce Initiative, visit our website ([www.nmfoodbanks.org](http://www.nmfoodbanks.org)).